

BREAKFAST

SANDWICHES

Buttery Biscuit Sandwich · 6.95

scrambled eggs, aged cheddar, bacon or tomato

Breakfast Burrito · 6.95

scrambled eggs, kale, fire-roasted tomato, cheddar, wheat wrap with sour cream, avocado, salsa

Bagels · 2.95

plain or low-fat cream cheese

iggy's plain, multi-seed, wheat, sesame or cinnamon raisin bagel

+ bacon-scallion or vegetable cream cheese 1.25

~ sub pb + j and our homemade jam 75¢

Smoked Salmon Bagel · 9.95

cream cheese, tomato, capers, red onion, iggy's bagel

TOASTS · on iggy's 7-grain or sourdough bread

Seedy Avocado · 5.25

avocado, toasted pumpkin seeds, lime, sea salt

Smoky Avocado · 5.25

avocado, lime, aleppo chili flakes, sea salt

Nutty Ricotta · 5.25

ricotta, toasted hazelnuts, truffle honey, sea salt

Fruity Ricotta · 5.25

ricotta, house preserves, sea salt

ADD TO ANY SANDWICH OR TOAST

+ avocado or bacon 1.95

+ turkey, chicken breast or ham 2.95

+ smoked salmon 6.95

+ egg whites 1.25

~ on iggy's bagel 1.50

~ on croissant 1.75

~ on gluten free bread 1.50

Hot Oatmeal · 4.50

with milk and oats

+ fresh fruits 2.50

+ flax, sunflower and pumpkin seed mix 1.25

Yogurt Parfait · 5.95

low-fat yogurt, granola, fresh mixed berries, wildflower honey



HOT COFFEE 12oz 16oz 20oz

Brewed Coffee 2.25 2.50 2.80

Café Au Lait 2.75 3.15 3.55

Joe to Go (serves 10) · 25.00

ESPRESSO 12oz 16oz 20oz

Latte 3.45 3.95 4.45

Cappuccino 3.45 3.95 4.45

Mocha 3.85 4.35 4.85

Salted Caramel Mocha 4.05 4.55 4.95

Americano 2.95 3.95 3.95

Cortado · 3.35

Macchiato · 3.35

Double Espresso · 2.95

Affogato · vanilla ice cream, 2 espresso shots · 4.95

HOT CHOCOLATE 12oz 16oz 20oz

Dark Hot Chocolate 2.95 3.45 3.95

Caramel Hot Chocolate 3.45 3.95 4.45

ADD-ONS

+ Extra Tea Bag 1.45

+ Almond or Soy Milk 65¢

+ Flavor Shot 65¢

~ almond, caramel, hazelnut or vanilla

~ sugar-free hazelnut or vanilla

ICED DRINKS

	12oz	16oz	24oz
Cold Brewed Coffee	2.95	3.50	3.95
Black, Green or Hibiscus Tea	2.85	3.05	3.35
Latte	3.55	4.25	4.75
Mocha	4.15	4.65	5.35
Americano	3.15	4.35	4.35
Chai Latte	3.75	4.35	4.65



TEA

12 or 16oz • 2.65 Pot • 3.75

Breakfast Blend • traditional malty, organic china black tea

Earl Grey • yunnan black tea with Italian bergamot oil

Emerald Spring • nutty, sweet, mildly vegetal green tea

Jasmine Green • fragrant jasmine blossom green tea

Blend 333 • peppermint, rose hips, chamomile

Chamomile • buttery body with egyptian chamomile

Turmeric Tonic • earthy flavors of turmeric, ginger, lemon-lime

King Crimson • hibiscus, rose hips, lemongrass and citrus

	12oz	16oz	20oz
Chai Latte	3.65	4.25	4.55
Rooibos Latte	3.75	4.35	4.75
Yerba Matte Latte	3.75	4.35	4.75
London Fog	3.65	4.25	4.55
Matcha Latte	4.65	5.25	5.85
Mocha Matcha Latte	4.65	5.25	5.85

SANDWICHES 9.25

Turkey & Spicy Farmhouse Cheddar Spread

kale, cucumber, pickled red onion, grafton village cheddar spread, ciabatta

Chicken Milanese

fresh mozzarella, manchego, arugula, spicy tomato mayo, pressed on ciabatta

Curried Chicken Salad Wrap

green apple, grapes, celery, major grey's chutney, cashews, mayo, arugula, wheat wrap

Grilled Chicken

lettuce, tomato, avocado, spicy tomato mayo, baguette

Muffaletta

black forest ham, genoa salami, hot soppressata, manchego, olive-pepper relish, mayo, ciabatta

Meatloaf

gruyère, bacon, bbq tomato jam, arugula, pressed on ciabatta

Wild Mushroom Baguette

roasted mushroom trio, truffle mayo, arugula (make it vegan with no mayo and + hummus)

Hummus bi Tahini

cucumber, tomato, mixed greens, olive tapenade, baguette

Caprese

fresh mozzarella, tomato, balsamic, basil pesto, ciabatta

Grilled Cheese

gruyère, aged cheddar, tomato, bacon, sourdough

California BLT

bacon, lettuce, tomato, avocado, mayo, 7-grain bread

+ avocado 1.95

+ grilled chicken breast, turkey breast or ham 3.95

+ french fries 3.95

+ bacon 1.95

~ on gluten free bread 1.50

+ parm-garlic fries 4.95

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK FOR FOOD-BORNE ILLNESS. THESE ITEMS ARE COOKED TO ORDER. PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY BEFORE PLACING YOUR ORDER.

SOUP & CHILI

Soup of the Day 5.95

Turkey or Vegetarian Chili 5.95

sour cream, shredded cheddar, scallions

+ toasted baguette 1.75

+ avocado 1.95

+ side of simple mixed greens 5.25

SALADS

Shaved Kale & Brussels Sprouts 8.95

fennel, sliced almonds, currants, pink grapefruit vinaigrette

Curried Chicken Salad 8.95

romaine, green apple, grapes, celery, major grey's chutney, cashews, mayo, lemon vinaigrette

Fig & Arugula 8.95

goat cheese, toasted hazelnuts, greek vinaigrette

Beet & Blue 8.95

mixed greens, roasted beets, blue cheese, walnuts, dijon herb vinaigrette

Buttery Greens 7.25

mixed greens, cherry tomatoes, toasted pumpkin seeds, lemon herb vinaigrette

+ avocado or bacon 1.95

+ grilled chicken breast, turkey breast or ham 2.95

BURGERS 13.95

Bacon Cheeseburger *

aged cheddar, crispy bacon, roasted garlic aioli, lettuce, tomato, sesame brioche bun

Turkey Burger

aged cheddar, avocado, fire-roasted tomato, chipotle aioli, sesame brioche bun

Chickpea Falafel Burger

marinated cucumbers, pickled red onion, tzatziki, arugula, sesame brioche bun

+ french fries 3.95

+ parm-garlic fries 4.95

+ side of simple greens 5.25

~ on gluten free bread 1.50